**CYNTHIA MBITHE**

**email:cynthiambithe551@gmail.com**

**P.O BOX 541-90130**

**Mobile no.-: 0790535161**

**PERSONAL PROFILE**

A self-motivated, responsible and adaptable clinical nutritionist ready to develop professionally to the highest level possible, and seeking to work in a position that will utilise the professional and technical skills developed through past work experiences in this field, and to practically explore and unravel the yet to be known mysteries underlying the medical field.

**WORK EXPERIENCE-:**

**DEPARTMENT : MINISTRY OF Health**

**march 2023 - August 2024**

Hospital -Muyeye district hospital malindi

**Position:** - – volunteer as a nutritionist

**Responsibilities-:**

* Assessment of clients
* Nutritional counseling
* Nutrition education
* Meal planning for clients with lifestyle diseases
* Preparation of therapeutic feeds
* Supplement issuing

SEPT 2022-JAN 2023 -Practical attachment at KISII TEACHING AND REFERRAL HOSPITAL

**Position**: -Practical attachee

**SEPT 2021–JAN 2022** – Practical placement at the COAST GENERALTEACHING AND REFERRAL HOSPITAL

**Position: -** Student attachee

**community service loitoktok as a nutritionist** january 1st-14th 2023

services offered:Hygiene and sanitation

construction of use of taps for hand washing

diabetes,cancer ,hypertension education and counselling

deworming and vitamin A supplimentation

nutrition.screening for identity of malnutrition in the area

food security assessment by the use of 24 hour recall

**EDUCATION**

**SEPT2019-march 2023**:-Diploma in Nutrition and Dietetetics. - **KENYA MEDICAL TRAINING COLLEGE-THIKA CAMPUS**

**RELEVANT MODULES**

* Diet Therapy
* meal planning and management
* Medical parasitology and microbiology
* principles of Human nutrition
* nutrition life span
* food science
* food security

**2015-2018–PRECIOUS BLOOD SCHOOL KILUNGU**

**QUALIFICATIONS**-: KCSE (mean aggregate C PLUS)

**2005-2014-KYALE HGM PRIMARY SCHOOL**

**QUALIFICATIONS**-: KCPE 378 marks

**MERITS**

Academics and religious clubs minister in college

**OTHER QUALIFICATIONS:-**

* Computers
* Driving

**PROFFESSIONAL MEMBERSHIPS**

* The Kenya Red Cross.
* international rescue commitee
* Sustainable development goals organization

**REFFERREES**

Nutritionist in charge Muyeye District hospital

Mr Gona mwachambo

0717673498

Evans Ongondi-Nutritionist incharge

HOD,nutrition department,kisii teaching and referral hospital

E-MAIL: kisiihospital@gmail.com

stevelone

kimana health centre incharge

email:steve@gmail.com

phone number 0727132666